

Supporting People with Diabetes

Delegate Assessment

Name (*print clearly in capitals*) as you wish it to appear on your certificate

Name of Organisation

Date of Course

Tick only the correct answers. Selecting all answers inappropriately will result in loss of marks.

Q

1. Which of the following are symptoms of diabetes?

Select ALL answer options that apply.

- Losing weight
- Passing urine more frequently
- Feeling sleepy all the time
- Drinking a lot of water
- Having a lot more energy than usual

Q

2. What can cause a **hyper** (very high blood sugar) in people being treated for diabetes?

Select ALL answer options that apply.

- Missed insulin dose or too little insulin given
- Too much carbohydrate food
- Missing a meal
- Being unwell with an infection

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Q

3. Which of the following are symptoms of a **hypo** (very low blood sugar) in people with diabetes?

Select ALL answer options that apply.

- Vagueness and confusion
- Anxiety and feeling tearful
- More energy than usual
- Feeling shaky
- Sweating

Q

4. What can cause a **hypo** (very low blood sugar)?

Select ALL answer options that apply.

- Unplanned physical activity
- Missing a meal
- Too much insulin

Q

5. People with diabetes need regular care and checks - which of the following are important?

Select ALL answer options that apply.

- Annual flu vaccination
- Regular visits to the optician
- Regular foot checks
- A healthy diet

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Q

6. Which of the following are true about treatments for diabetes?

Select ALL answer options that apply.

- Insulin can be taken in tablet form
- Nausea and mild diarrhoea are side effects of metformin
- Treatment with gliclazide is usually started using a low dose
- Weight loss is a common side effect of pioglitazone

Q

7. Is the following statement TRUE or FALSE?

“Regular foot checks are important for people with diabetes.”

Select one of the answer options.

- True
- False

Q

8. Is the following statement TRUE or FALSE?

“A regular diet containing high sugar content is recommended for people living with diabetes.”

Select one of the answer options.

- True
- False

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Q

9. Is the following statement TRUE or FALSE?

“People with diabetes should have an annual flu vaccination.”

Select one of the answer options.

True

False

Q

10. Is the following statement TRUE or FALSE?

“Regular visits to the opticians are important for people with diabetes.”

Select one of the answer options.

True

False

Supporting People with Diabetes

Course Evaluation

1. How would you rate this training out of 10?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1	2	3	4	5	6	7	8	9	10

2. How would you rate the trainer out of 10?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1	2	3	4	5	6	7	8	9	10

3. As a result of this training, what are you going to do differently back in the workplace?

4. As a result of this training, do you feel more confident and competent in your role?

- Yes
- No
- Not sure