



TOPIC 3:

MANAGEMENT OF DIABETES

REGULATOR REVELATIONS



Where people were being supported by staff to manage their diabetes, we found there was a **lack of guidance for staff**, which put people at risk of harm. For example, we found there were no protocols or guidance in place to guide staff about **what range a person's blood glucose level should be** and what to do if the person's blood glucose went outside this range. **A lack of clear guidance in place put people being supported with their diabetes at risk** and contributed to the breach in relation to safe care and treatment.

CARE HOME OVERALL RATING: **REQUIRES IMPROVEMENT**
MEDICINE OPTIMISATION: 2

WHAT SHOULD WE DO?

1

Ensure each person or young person you support with diabetes has a detailed Diabetes Support Plan, which includes details of each person or young person's:

Blood glucose levels

Blood glucose monitoring

Diet & food choices

Diabetes medicines

Insulin

Health checks

2

Ensure all relevant team members have received appropriate training on how to support a person with diabetes, and the medicines used to manage it.

Receive a free 6-page Diabetes Support Plan with every purchase of our new **Diabetes: Person-Centred Care & Medicines** online interactive workbook.

Available for [adult services](#), and [children's services and education settings](#).

My diabetes type

My blood glucose levels

My blood glucose target range is between: []

My baseline is: []

My "hypo" signs are: []

My "hyper" signs are: []

If my blood glucose is below [] mmol/L, I will take the following actions: []

If my blood glucose is above [] mmol/L, I will take the following actions: []

Frequency of hypos: [] HbA1c target: []

When to seek urgent medical attention: []

My blood glucose monitoring

How this should be done (tick all appropriate):

Continuous glucose monitoring: Hybrid closed loop system:

Flash glucose monitor: Finger prick testing:

Name of monitor: [] Name of test strips: []

Name of lancets: []

When to test: [] How often: []

Who should be involved?: [] What support do I need and when?: []

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